

# Ebola and Beyond Protecting Americans and the World from Disease Threats

Thomas R. Frieden, MD, MPH

Director Centers for Disease Control and Prevention



# CDC saves lives, protects people, and saves money through prevention



- Work 24/7 to prepare for, find, and respond to infectious diseases, environmental hazards, injuries, and other health threats and emergencies
- Analyze health information and investigate health threats to protect people in the US and worldwide
- Promote proven methods to prevent disease, improve health, and reduce health costs

CDC protects Americans from threats from this country and around the world

# CDC operates ~150 labs with ~2,500 scientists and other lab staff

Infectious diseases (reference, diagnosis, research)





**Environmental health** (genetics, nutrition, chemicals, toxins)

Preparedness and response (bioterrorism, outbreaks, disasters)





Occupational safety and health (workplace safety)

Lab standards and science (quality & regulatory compliance)





**Global health** (HIV, malaria, TB, emerging diseases)

# **CDC** partnerships around the world

#### 📮 CDC staff

- Global Disease Detection
- Immunization
- ় Influenza
- 💽 Malaria
- Field Epidemiology Training Programs
- Global AIDS Program

Staff of 1,600+ located in 60+ countries Global budget of >\$1.7 Billion

# We protect America during emergencies

| 2001  | 2002               | 2003   | 2004   | 2005  | 2006   | 2007                                | 2008   | 2009  | 2010   | 2011  | 2012  | 2013             |
|---|--------------------|--|--|---|--|-------------------------------------|--|---|--|---|---|------------------|
| World Trade<br>Center<br>Attacks;<br>Anthrax<br>Attacks | West Nile<br>Virus | Columbia<br>Space<br>Shuttle<br>Disaster;<br>SARS;<br>Monkey<br>Pox;<br>Northeast<br>Blackout;<br>Hurricane<br>Isabel;<br>Domestic<br>Influenza;<br>California<br>Wildfires;<br>Ricin;<br>Tularemia;<br>Anthrax;<br>BSE (Mad | Avian<br>Influenza;<br>Influenza<br>Vaccine<br>Shortage;<br>Guam<br>Typhoon;<br>Ricin<br>Domestic<br>Response;<br>G8 Summit,<br>Summer<br>Olympics;<br>Democratic<br>National<br>Convention;<br>Republican<br>National | Marburg<br>Virus;<br>Hurricanes<br>Katrina, Rita<br>and Wirma | Tropical<br>Storm<br>Ernesto;<br>Mumps; E.<br>Coli; E. Coli<br>Spinach/<br>Botulism<br>Carrot<br>Juice;<br>Rhode<br>Island<br>Mycoplasma | XDR/MDR<br>TB;<br>Hurricane<br>Dean | Satellite<br>Intercept:<br>Salmonella<br>and E, Coli<br>Outbreaks;<br>Hurricane<br>Dolly;<br>Tropical<br>Storm<br>Edouard;<br>Hurricanes<br>Gustav,<br>Hanna, and<br>Ike | Salmonella<br>typhimurium<br>Outbreak;<br>H1N1<br>Influenza | NH Anthrax;<br>Haiti<br>Earthquake;<br>Deepwater<br>Horizon Oli<br>Spill; Haiti<br>Cholera<br>Outbreak | Japan<br>Earthquake<br>and<br>Tsunami;<br>Polio<br>Eradication<br>Response;<br>Hurricane<br>Irene | Polio;<br>Meningitis<br>Outbreak;<br>Hurricane<br>Sandy | H7N9<br>MERS-CoV |
|   |                    | Disease)   | Frances,<br>Frances,<br>Ivan, and<br>Jeanne,<br>Tsunami  |   |  | Life<br>vaco<br>med<br>and          | saving<br>cines,<br>licines,<br>supplie  | 35  | Ed.  |   |   |                  |
| Q.  | CDC                | U.S. Departs<br>Health and I<br>Centers for D  | ment of<br>Human Servici   | •   |  | Eme                                 | ergency  |   |  | 2   |   |                  |

- 2

## **Global Health Security**

#### Risks

- Emerging organisms
- Drug resistance
- Intentional creation

#### **Opportunities**

- Public health framework
- New lab and surveillance tools
- Successful outbreak control



#### **Priorities**

- Prevent wherever possible
- Detect rapidly
- Respond effectively

# A health threat anywhere is a health threat everywhere

**Global aviation network** 



Source: The Lancet 380:9857, 1-7 Dec 2012, pp. 1946-55. www.sciencedirect.com/science/article/pii/S0140673612611519 Note: Air traffic to most places in Africa, regions of South America, and parts of central Asia is low. If travel increases in these regions, additional introductions of vector-borne pathogens are probable Global Health Security Agenda timeline US government and partners Making the world safer for 4 billion people

|  | 72-2-                                  | \$606M+<br>budget                    | emergency<br>for Ebola re<br><i>(proposed)</i> | request<br>esponse                       |
|--|--|--------------------------------------|--|--|
| Only 16%<br>of countries<br>fully prepared | d                                      | \$40M joint<br>CDC/DoD<br>initiative |  | 30 countries<br>with 4 billion<br>people |
| 2012                                       | 2013                                   | 2014                                 | 2015   | By 2020                                  |
|  | Successful<br>pilots in 2<br>countries |                                      | \$45M to 10<br>countries<br>(proposed)         |  |

# A safer US and a safer world

US CDC works directly with countries to



#### Prevent avoidable catastrophes

- Biosafety & biosecurity
- Immunization
- Surveillance of zoonotic disease in humans
- Antimicrobial resistance

#### Detect threats early

- Surveillance
- Laboratory
- Information systems
- Disease detectives and other public health staff

# Respond rapidly and effectively

- Emergency Operations Centers
- Medical countermeasures
- Linking public health and law enforcement







#### **Case fatality rates**



## **Ebola: bottom line up front**

- 1. Despite recent progress, the epidemic is severe
- 2. Core public health interventions can stop it
- 3. Success requires speed and scale deploying effective prevention and control measures



Overarching principles for response

### • <u>Speed is paramount</u>

• Flexibility

• Front lines first

## **Firefighting in 3 zones**



#### **Incident management**

#### FIVE COMPONENTS OF EFFECTIVE EBOLA RESPONSE



Treatment



Effective incident management/EOC functioning in the 3 countries and every district within them

Expand isolation and treatment capacity

#### **Burial support**



Rapidly ensure safe burial

#### Infection control in all health care systems



Training, supplies, and public health monitoring

#### Communications



Communicate clearly, simply, and frankly at all levels to change behaviors

# 2014 EBOLA RESPONSE CDC IN ACTION



Testing samples of suspected. Ebola cases around the world.

Interviewing people who may have been in contact with Ebola patients to see if they have symptoms.



Communicating health messages in West Africa.

Educating healthcare workers in the United States and in West Africa.

Advising travelers how to protect their health

Training officials in West Africa how to prevent sick travelers from getting on planes.



#### EBOLA SUPPORT STAFF



#### >170 CDC staff deployed

- Most in Guinea, Liberia, Sierra Leone
- Some in Nigeria, Senegal, Mali, and other countries
- Epidemiologists, exit screeners, health communicators, lab technicians, logistics/support, etc.

#### CDC's response to Ebola – global

- Stopping Ebola at the source is the only way to eliminate risk for Americans
- Largest global response in CDC history
  - >160 staff deployed in West Africa, 1,000+ total
- CDC has the skills and expertise needed to
  - Detect and respond to outbreaks
  - Prevent and control diseases
  - Address emerging threats to our health
- International efforts support USG & global partners
  - Extensive on-the-ground support in Liberia, Sierra Leone, Guinea
  - Also in Nigeria, Senegal, Mali and other countries

# Ebola cases continue to increase in West Africa



### Ebola cases in West Africa in October alone exceeded all other recorded Ebola outbreaks combined



#### Mali Ebola virus transmission



#### Mali Ebola investigation as of 13 November



#### <u>Mali</u>

- 8 contact tracing cohorts (1 Kouremale, 7 Bamako)
- At least 256 contacts identified

#### <u>Guinea</u>

- 3 contact tracing cohorts (1 Kouremale
  1 Siguiri
  1 Gueckedou)
- 110 current contacts identified

#### **Border Health Measures** *Key components of Global Health Security*











# Preparedness status of priority countries

(Updated 11/4/2014)

|   | Benin | Burkina<br>Faso | Cameroon | Cote<br>d'Ivoire | Gambia | Ghana | Guinea-<br>Bissau | Mali | Mauri-<br>tania | Niger | Niger | ia | Senegal | Тодо |
|---|-------|-----------------|----------|------------------|--------|-------|-------------------|------|-----------------|-------|-------|----|---------|------|
| VHF surveillance capacity                             |       |                 |          |                  |        |       |                   |      |                 |       |       |    |         |      |
| Infection control in<br>general health<br>care system |       |                 |          |                  |        |       |                   |      |                 |       |       |    |         |      |
| Diagnostic<br>laboratory<br>capacity                  |       |                 |          |                  |        |       |                   |      |                 |       |       |    |         |      |
| Border and travel related measures                    |       |                 |          |                  |        |       |                   |      |                 |       |       |    |         |      |
| Health protection awareness                           |       |                 |          |                  |        |       |                   |      |                 |       |       |    |         |      |
| Government<br>emergency<br>response<br>management     |       |                 |          |                  |        |       |                   |      |                 |       |       |    |         |      |
| Participated –<br>USAID workshop                      | Yes   | Yes             | Ongoing  | Yes              | Yes    | going |                   | Yes  |                 | Yes   |       |    | Planned | Yes  |
| CDC Country<br>Office                                 | Yes** |                 |          |                  |        |       |                   |      |                 |       |       |    | Yes**   |      |

Only listing here 6 of 13 indicators from CDC checklist of "critical elements."

• Responses received from Benin, Cameroon, Cote d'Ivoire, Guinea-Bissau and Nigeria

• The remaining table based on CDC International Task Force assessments

\*\*President's Malaria Initiative Assignee only

# Ebola survivor returns to her community after being discharged from the Firestone Ebola Treatment Unit

#### **CDC's response to Ebola – domestic**

- Screening and monitoring of travelers
  - Exit screening in affected countries
  - Entry screening in the US
  - Active monitoring of all returning travelers, including CARE kits, 24/7 hotline, quarantine if needed, and safe transport and care in case of illness
- Health care system support
  - Infection control
  - Laboratory networks
  - Technical assistance

#### Health care preparedness

- Deploy Rapid Ebola Preparedness (REP) teams
  - Deploy to any hospital with a lab-confirmed case
  - Rapidly manage patient safely and effectively
  - Handle triage and clinical management
  - Help identify hospitals best suited to care for patients
  - Help hospitals assess and develop comprehensive Ebola-specific infection control plans
  - Provide technical assistance and guidance
- Initial REP team deployment
  - Near airports with enhanced entry screening (JFK, Newark, Dulles, O'Hare, Hartsfield-Jackson)
  - Where active public health response efforts involve large numbers of contacts of cases (e.g., Texas, Ohio)
  - Areas with high concentrations of travelers returning from Sierra Leone, Guinea, or Liberia

FY 2015 emergency budget request: \$1.83 billion to fight Ebola on all fronts (included in \$6.2 billion total USG request) CDC's ongoing, increasingly intensive domestic & international response shows that substantial additional investments must be made

#### <u>Goals</u>

- Stop Ebola epidemic at its source
- Support immediate and decisive response to any domestic case
- Prepare for and respond to disease threats around the world – prevent the next Ebola or other emerging health threat



|         | Global Health<br>Security                                    | Stopping the Ebola Epidemic  |  |  |  |  |
|---------|--|--|--|--|--|--|
| PREVENT | Promote bio-safety   | Infection control training and supplies for health care facilities   |  |  |  |  |
|         | Reduce outbreaks   | Safe burial  |  |  |  |  |
|         | Minimize zoonotic<br>diseases impact on<br>human populations | Reduce contact with bats and unsafe handling of bush meat  |  |  |  |  |
|         | Disease surveillance   | Improve disease & syndrome reporting   |  |  |  |  |
| DETECT  | Lab testing  | Diagnostics and specimen transport   |  |  |  |  |
|         | Trained workforce  | Staff to find/trace contacts & manage<br>outbreak detection/response (e.g., Field<br>Epidemiology Training Programs; paid,<br>supervised, & supported health/public<br>health staff) |  |  |  |  |
| RESPOND | Emergency<br>Operations Centers                              | Emergency Operations Centers in each<br>country and each area within the country<br>experiencing Ebola outbreak  |  |  |  |  |
|         | Receive & deploy countermeasures                             | Isolation units with trained staff &<br>uninterrupted supply of personal<br>protective equipment & other supplies  |  |  |  |  |

Advanced Molecular Detection Enhancing CDC's capabilities to find and stop infectious disease outbreaks



Transforming disease detection and response



Using innovation to advance safeguards for America's health

# Advanced Molecular Detection saves lives, time, and money

- AMD includes new lab technologies that revolutionize how CDC investigates and controls outbreaks
- Enables CDC to detect outbreaks sooner & respond more effectively – saving lives, time, and money

Adapted from WHO



#### Advanced Molecular Detection combines cutting-edge approaches



Advanced Molecular Detection 5-year initiative to enhance CDC's microbiology & bioinformatics capabilities to find and stop infectious disease outbreaks

- 1. Improve pathogen identification & detection
- 2. Adapt new diagnostics to meet evolving public health needs
- 3. Help states meet future reference testing needs in coordinated manner
- 4. Implement enhanced, sustainable, and integrated laboratory information systems
- 5. Develop prediction, modeling, and early recognition tools

\$30M provided in FY 14; \$30M requested in FY 15; \$150M total planned over 5 years Advanced Molecular Detection will allow CDC to detect outbreaks sooner, respond more effectively, saving lives and reducing cost

#### IMPROVED DETECTION

Enhanced recognition of emerging microbial threats and antimicrobial resistance

#### IMPROVED SURVEILLANCE

Improved surveillance information on the transmission of infections and the extent and spread of outbreaks

Better targeting of proven prevention strategies and development of new ones

Faster, more effective control efforts

## Detect and Protect Against Antibiotic Resistance CDC's Initiative to Outsmart this Threat



MDR Salmonella

MRSA

MDR Pseudomonas

#### Estimated minimum number of illnesses and deaths caused annually by antibiotic resistance\*:

At least



\*bacteria and fungus included in this report

## Modern medicine is at risk

- Loss of effective antibiotic treatment could make routine infections deadly
  - Pneumonia
  - Urinary tract infections
  - Wound infections
- Patients who receive specialized care will be at highest risk
  - Cancer chemotherapy
  - Complex surgery
  - Joint replacements
  - Organ transplants
  - Chronic conditions (e.g., rheumatoid arthritis)
  - Dialysis

## Cancer treatments are at risk

>600,000



~60,000



>600,000 patients will receive chemotherapy in 2014\* ~60,000 cancer patients will be hospitalized with neutropenia and infections<sup>+</sup> 1 in 14



1 in 14 of these will die from this complication<sup>†</sup>

\* Kantar Health. Cancer impact. † Projections from Cagigano et al., Cancer, 2005.

# Taking aim: 7 antibiotic-resistant threats



CRE

MDR N. gonorrhoeae

ESBL

MDR Salmonella

MRSA

MDR Pseudomonas

# Detect and protect against antimicrobial resistance

#### Detect



Track AR in real time; uncover outbreaks quickly; identify new, emerging resistant organisms

# Contraction of the second seco

Stop outbreaks early

#### Prevent



Prevent spread of resistant organisms & emergence of new resistance; scale up proven interventions; preserve effectiveness of current antibiotic treatments

# all'

Design new interventions

#### Innovate

Respond

**Detect and Protect – FY15 proposal** A down payment to improve our country's ability to start tackling our biggest drug-resistant threats

The FY 2015 President's Budget requests \$30 million/year for 5 years to:



Speed-up outbreak detection through regional labs and support development of new antibiotics and diagnostics



Improve infection prevention and antibiotic prescribing

## AR Initiative begins to address gaps in knowledge of antibiotic resistance



Enhances state/federal capacity to detect and respond to emerging antibiotic resistance threats



Resistant-bacteria bank makes available isolates to pharmaceutical, biotech, and diagnostic companies to speed development of new antibiotics and diagnostics

Public data portal shows national trends and variations among states in prescribing and resistance

Scale up interventions to improve antibiotic prescribing



Understand the effect antibiotics given to children have on their future health problems

# **AR Initiative: key activities**

- New AR regional lab network
- New resistant-bacteria bank (AR Isolate Library)
- Prevent infections and improve antibiotic prescribing in health care facilities
- Target community threats
- Improve antibiotic prescribing in the community



Detect and Protect Against Antibiotic Resistance Initiative



#### AR Initiative could achieve reductions in many infections



Projected burden of healthcare-associated invasive MRSA, healthcare-associated CDI, healthcareassociated CRE, and hospital-onset MDR *Pseudomonas* infections



# Antibiotic stewardship program key elements

- Commitment
- Single leader
- Tracking
- Clinician education
- Reporting
- Implementation



# Antibiotic stewardship is an effective strategy to prevent AMR

| Facility<br>benefits   | Antibiotic best<br>practices   | Antibiotic<br>stewardship<br>programs are a<br>"win-win"  |
|--|--|---|
| <ul> <li>Decrease<br/>antibiotic<br/>resistance</li> <li>Decrease <i>C.</i><br/><i>difficile</i> infections</li> </ul> | <ul> <li>Ensure all orders<br/>have dose, duration,<br/>and indications</li> <li>Get cultures before<br/>starting antibiotics</li> </ul> | <ul> <li>A University of<br/>Maryland study<br/>showed one antibiotic<br/>stewardship program<br/>saved \$17M over 8</li> </ul> |
| <ul> <li>Decrease costs</li> <li>Improve patient outcomes</li> </ul>   | <ul> <li>Take an "antibiotic<br/>timeout," reassessing<br/>antibiotics after 48-72<br/>hours</li> </ul>                                  | <ul> <li>Antibiotic stewardship<br/>helps improve patient<br/>care and shorten<br/>hospital stays</li> </ul>                    |



# National Healthcare Safety Network

- 12,000 facilities report public data
  - CLABSI, CAUTI, and SSI NHSN data on CMS's Hospital Compare website
  - Adding MRSA and C. diff data
- 1,000+ facilities now electronically report at least one event type
  - Work with CMS to offer incentives to electronic reporting
  - Provide vendor portal to improve access to tools and resources needed to integrate with NHSN
- Strengthening collaborations with CMS broadly

























# Stop the ticking time bomb...

It's a big problem, and one that's getting worse. <u>But it's not too</u> <u>late.</u>

We can delay, and even in some cases reverse, the spread of antibiotic resistance.





Centers for Disease Control and Prevention 1600 Clifton Road NE, Atlanta, GA 30333

Phone: 1-800-CDC-INFO (232-4636)/TTY: 1-888-232-6348 E-mail: cdcinfo@cdc.gov Web: www.cdc.gov