



THE ASPEN INSTITUTE

PROJECT PLAY



CALLS FOR COACHES

Set season expectations with young people

Set the tone for the season & create the culture you want on your team. Use the outline and prompting questions to discuss and outline expectations. Fill in the commitments that your team makes to serve as your code of conduct.

#1: Be a Team Player

Create the space for players to learn about each other's backgrounds, cultures and experiences. What commitments can we make individually and as a team to make sure we are being team players?

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Example: Before you assume why someone does something, ask why so you can learn.

#2 Be Kind and Supportive

Targeted insults or joking behavior based on personal characteristics, including race, ethnicity, ability, family background will not be tolerated. What commitments can we make individually and as a team to make sure we support our teammates?



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Example: Our team will not tolerate any name calling of each or opposing teams.

#3: Celebrate Effort

Fostering a positive, inclusive environment can be difficult. Value varied experiences, perspectives and needs. What commitments can we make individually and as a team to help us celebrate effort and play for growth?



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Example: We will do shout-outs at the end of every practice/game and name each player on the team.

Interested in customizing? A Word version of this file is available from Project Play upon request.



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#4: Make and Encourage Mistakes

Mistakes are moments that we can all learn from. What commitments can we make individually and as a team to help us celebrate mistakes, learn from our mistakes and support each other?

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Example: Our team will use the shoulder brush off sign to say we make mistakes & can learn from them.

#5: Grow Together

As coaches and athletes, we learn from each other with every activity, every practice, every game. What commitments can I make as a coach to make sure that I am supporting your growth and development?

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Example: As a coach, I will model the good sportsmanship that I expect from my athletes.

