



## Unstable Schedules: Unwrapping the Impact on Service Workers — Resources

### Books, Reports, and Publications

Gupta, Shalene. "[The Cycle](#)." Macmillan Publishers. February 27, 2024.

Sucher, Sandra J., and Shalene Gupta. "[The Power of Trust](#)." PublicAffairs. July 6, 2021.

Schneider, Daniel, and Kristen Harknett. "[Precarious Work Schedules And Population Health](#)." Health Affairs. February 12, 2020.

Schneider, Daniel, and Kristen Harknett. "[It's About Time: How Work Schedule Instability Matters for Workers, Families, and Racial Inequality](#)." The Shift Project. October 2019.

Williams, et al. "[Stable Scheduling Increases Productivity and Sales: The Stable Scheduling Study](#)." Center for WorkLife Law, UC Hastings College of the Law.

Harknett, et al. "[Seattle's Secure Scheduling Ordinance: Year 2 Worker Impact Report - The Shift Project](#)." The Shift Project. February 2021.

Gerstein, Terri, and LiJia Gong. "[The role of local government in protecting workers' rights: A comprehensive overview of the ways that cities, counties, and other localities are taking action on behalf of working people](#)." Economic Policy Institute. June 13, 2022.

### News, Articles, and Blog Posts

Korn, Rachel. "[Schedule Stability: A Win for Retail Businesses and Their Workers](#)." The Aspen Institute. March 7, 2019.

Clark, Brad, and Jenny Weissbourd. "[Breakthroughs from the Field: Learning to Support the Retail Workforce](#)." The Aspen Institute. February 11, 2020.

### Websites and Additional Resources

[Predictable schedules and fair workweeks: New York City, NY | Results for America](#)

[Susan J. Lambert | Crown Family School of Social Work, Policy, and Practice](#)

[The Labor Standards Enforcement Toolbox | Rutgers School of Management and Labor Relations](#)

[Restoring a Fair Workweek | The Center for Popular Democracy](#)